

## 2022 SBYC Health 'Self-Check Questions'

### The only members and guests allowed at SBYC are those who meet AHS 'Close Contact' Criteria

Symptoms for COVID may include: FEVER, COUGH, SHORTNESS OF BREATH / DIFFICULTY BREATHING, SORE THROAT, AND RUNNY NOSE.

1. Do you have any of the below symptoms:
  - a. Fever (greater than 38.0°C/100.4°F)?
  - b. Cough?
  - c. Shortness of Breath / Difficulty Breathing?
  - d. Sore Throat?
  - e. Runny Nose?
2. Have you, or anyone in your household travelled outside of Canada in the last 10 days?
3. Have you, or anyone in your household been in contact in the last 10 days with someone who is being investigated or confirmed to be a case of COVID-19?
4. Are you currently being investigated as a suspect case of COVID-19?
5. Have you tested positive for COVID-19 within the last 10 days?

**If anyone answers YES to any of the above questions, the individual MUST NOT be allowed to be at SBYC.**