



THE JIB SHEET

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Photo – courtesy of Tim Stubbs

Message from the Commodore- Pat MacDonald



Just like the song says, “The heat is on!” And it is! What a difference between June/July to August!

Not only do we have the most amazing location for a yacht club at Sunshine Bay, but we also sometimes have the most amazing weather and right now it is. Hope all the SBYC members are taking advantage of this time of year as we all know in the next month or two it’s all over for 2022 from the weather point of view.

The Board would like to thank all the Members who participated in the Summer General Meeting held at the club on July 24th. There were a lot of excellent questions and helpful input from all the Members. It gives that Board great pleasure in being able to provide clarity and specifics. Hopefully, we will continue to provide the kind of leadership you expect. That is our goal.

While we know that many Members have a ton of personal or family events that have been missed over the last couple years, we are so pleased with the participation of Members at SBYC events. The events being provided are what makes this club, and to have you there is great. Races are happening and Fleet with On-shore Events provided an amazing 2-day seminar / practice session with Olympian Lawrence Lemieux. Lots of participation and everyone learned a lot.

So, now that we are heading towards fall, we hope you can keep some time set aside to help volunteer your time with the many “fall projects” the club will go through as we get ready for winter. Please feel free to reach out to Dave Donnelly with Facilities or Andy Minty with Docks as I know there is a never-ending list of things, we all need to do to keep SBYC Alberta’s Sailing Community of Choice



Calendar of Events

Wednesday Night Pursuit Races have been extended to include Wednesday August 24th and 31st with the option of September 7th. Lawrence Lemieux has volunteered to set the marks and hop on one of the racer's boats for some personal coaching.

Following Lawrence's 2-day seminar, Wednesday Night races have a whole new dynamic and are even more fun. I encourage everyone to take advantage of these bonus races.

Bonnie Reib - SBYC Fleet Captain

Stay tuned for more information on the following upcoming events and activities

AUGUST 2022				
Wed 24	Pursuit Race #11	1900	Fleet Captain	SBYC
Wed 31	Pursuit Race #12	1900	Fleet Captain	SBYC
SEPTEMBER 2022				
Sat 03	Fall Series Race Day 1 / Potluck	1100	Fleet Captain / Onshore Events	SBYC
Sun 04	Fall Series Race Day 2	1100	Fleet Captain	SBYC
Wed 07	Pursuit Race #13 -Tentative	TBA	Fleet Captain	SBYC
September 5 - Labor Day				
Sat 10	Night Race	1900	Fleet Captain	SBYC
Sat 11	Photo Contest Ends	N/A	Communications	SBYC
Tues 13	SBYC Board meeting	1000	Secretary	SBYC
Sat 17	Extra Social Event	TBD	Onshore Events	SBYC
Sat 24-Sun 25	Splice the Main Race Day 1 & 2	TBD	Fleet Captain	EYC
September 30 - Truth and Reconciliation Day				
OCTOBER 2022				
Sat 01	Crane Out (Committee lead) Tentative	0900	Committee	Committee
Sat 08	Docks Out (Tentative)	0900	Dockmaster	SBYC
Sat 08	Facilities – Shutdown	TBD	Facilities	SBC
October 10 - Thanksgiving				

Volunteers and helpers always welcome – please contact organizer if you able to help

Office of the Environment- Sue Styles



Native Northern Watermilfoil and Other Aquatic Plants at Sunshine Bay

By Sue Styles

To correctly identify the prolific milfoil aquatic vegetation around the SBYC docks, as part of the August water sampling event (August 8/2022), the Alberta Lake Management Society (ALMS) sampling team collected two milfoil specimens off of A dock. ALMS sent the specimens for lab analysis and promptly reported good news --- both specimens were identified as **native Northern Watermilfoil**. Wabamun Lake does not have the aquatic invasive species variety known as Eurasian Watermilfoil.

In the Sunshine Bay Yacht Club area, just offshore and around the docks is a rich diversity of easily identifiable aquatic plants. Using the book entitled [Aquatic Plants of Alberta: A collection of Native and](#)



[Invasive Species](#) (ALMS, 2020) can you identify the following common aquatic plants off of A or B dock – native Northern Watermilfoil, Coontail, Richardson’s Pondweed, Duckweed, Yellow Pond-Lily and Arrowhead (and other’s)?

Our friends at ALMS indicate plant identification apps are not super reliable for aquatic plant identification (having said that, give it a try and do a cross-reference with the book named earlier). The book also explains the important role that aquatic plants play in keeping the lake and its ecosystems healthy.

Have fun getting to know our aquatic plants!



Native Northern Watermilfoil



Aquatic Plants - A Dock

[Coaching Session with Lawrence Lemieux](#)

EYC and SBYC members were enthralled when former Olympic sailor and now Olympic sailing coach, shared his vast knowledge and experience, from the basic rules and principles of sailing to the fine art of sail trim along with some general racing rules and tactics. Lessons and coaching were given both in the SBYC club house and on the water, Sunday Aug 14 and 21st and have been extended to include some personal on boat coaching during the Wednesday night pursuit races as well.





[This and That](#)

Photo Contest

The photos contest closes Sept 11th, so be sure to submit your “prize worthy” photo before the dead line

SBYC Articles of Association

The AOA committee have been hard at work and are currently updating the AOA. The draft is expected to be presented to the board this fall and is hoped to ready for adoption at the AGM

Wintertime sailing in Carribean

FYI – a group of SBYC members are planing a sailing trip to the British Virgin Islands (BVI's) next February, if you are interested in participating contact Pat MacDonald for more details

Share Certificates

Further to the Main Sheet article last month please let Marvin (SBYC Secretary) know if you need a replacement share

Parkland County – South Wabamun Boat Launch

Work continues on the parking lot at the new boat launch which is scheduled for completion this fall



Current and past newsletters are on our website: <https://www.sunshinebay.org/noticeboard>

Contributions to the newsletter, or feedback, can be sent to Tim Stubbs
membership@sunshinebay.org



Membership and Communications Director