



THE JIB SHEET



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Ahoy Mates! -



John Semple and Luke Timmons

“Work like a captain and play like a pirate.”

Unknown



Pat MacDonald and John



Pirate Days a Great Success!



Nicole Sikora – *Current Obsession*

Onshore Events Director

Inclusiveness: club activities and functions are designed to accommodate all members, family and guests.

Pirate Days was a huge hit this year and everyone who helped out in the activities was grateful we were able to host it this year! Over half our membership participated in some or all activities offered.



We started the festivities with a Rum tasting followed by a Caribbean style party Saturday evening. Our Vice-Commodore, Pat MacDonald presented about 6 different rums and auctioned off the “left-overs”!

Pat and his team also organized some special drinks that were made available to our members during the Saturday evening festivities.

Sunday morning saw Gord Hale, Barry Tonge, Mike Mendzat and their team pulling together to make a fabulous pancake breakfast including mimosas and whipped cream for the pancakes! They did a fabulous job feeding the pirates before the boat preparations for setting sail to pillage and plunder loot from the Seba Beach area!





Many boats set sail (well motored over) to pass by Seba Beach and EYC. Our Fleet Captain, Bonnie Reib coordinated the logistics of this conquest. Our boats were all decked out and we were ready for pillaging! After everyone came back to check out the spoils of the day and recount the



adventures, our young pirates got a chance to do their own treasure hunt, organized by Dan Meade. They were kept busy and, from all reports, they had a great time!



Our day was capped off with a costume contest and meal. Alice and Luke took the prize home for the 12 and under while our very own Vice Commodore, Pat MacDonald and Rena took home the adult prize for their costumes! Lots of great pirating outfits were worn and all who participated looked fabulous! Our meal was catered by Sandyview Catering Services. Warming up and setting out the meal was done by a host of volunteers who stepped up out of the blue to help feed the hungry pirates! Heather Daniels, Sandy Dirk, Sylvia Erickson and many others were seen in the kitchen helping out.





I was overwhelmed with the spirit and community our club members showed each other during the long weekend. I know I have missed the names of many of our volunteers but please know I appreciate everything each and every one of our volunteers from the weekend activities 🍷.

Onward and forward to the “Big O” celebrations!!



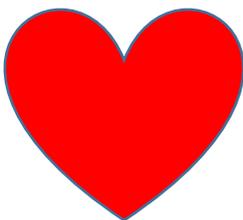
Check out All the Upcoming Schedule of Events:

“A bad day sailing is 100 times better than a good day at work.” – Anonymous
For up-to-date details <https://www.sunshinebay.org/noticeboard>

Fair Winds!

Fair Winds and Following Seas and Long May Your Big Jib Draw!

Thank you to Stephen Guest, 2015 Past Commodore for passing on the following sad news:



“Sad to report the loss of a former member, David Galloway. Our deepest sympathies to his wife Nancy Brenneman.”



New Faces

Volunteerism: we utilize the unique skills and abilities of all our members to get things done!

Tim Stubbs - *Dream Catcher*
Membership Director

Dock	Names	Boat Name	Month
B	Lee and Janette Crystal	Wild Card	July
B	Tim and Kim McLean	Baby Doll	July



Lee and Janette Crystal



Tales of Lawrence Lemieux from Club Members:



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Members @ SBYC FB article submitted July 4, 2013 –by Gerry Banford, Past Commodore of SBYC in 2017 Wednesday Night Pursuit Racing
 If I were to wrap my evening sailing experience with Master Sailor, Olympian, Coach, Mr. Lawrence Lemieux into a single word, WOW!!! Would not suffice. Just a brief recap as I recall the race that will be without question the event of my sailing experiences and it happened this summer! Just yesterday. One, I will not soon if ever forget. Not to brag, but I can't help it ... Lawrence and I (as we're on a first name basis now) lapped a boat as we made our way to the most westerly marker for the second time rounding it. WOW!!!!!! HS!!!

Brian warned me that I would have to make sure to ask questions, lots of questions and make notes. "I'm not kidding", he said. I understand now why. My mind is still spinning with what I should have asked but was too busy observing and absorbing this man working magic on my boat. When you do something well and with precision you make it look easy. This is the mark of years of experience not found in the reading materials. I casually observed his getting to know West Winds as he tugged on the shrouds, tested the fore-stay, asked if we could let it out some, powered up and backed out of the slip while Lawrence picked up and tossed off the deck, into the cabin, anything and everything that would hamper our movement around the boat while under sail. We set the Genoa, then the main, a routine I am familiar with, killed the motor and we are wind powered. Questions from Lawrence about the boat parts began and I responded because I at least know what most everything is called on the boat. The whisker pole is mounted into the clue of the Genoa and tested for working conditions. I never use that in the Genoa. In fact the whisker pole has not been used in years. All I can think about now is the radio message that we are way too west of the



starting point and we are starting in fifteen minutes. God we're going to be late and Lawrence is mucking with boat stuff. What did I know?

Now the Magic begins, we tuck away gear and searched for suitable winds. The rest is history and I will never forget this once in my lifetime experience sailing West Winds with a Master Sailor. I was in the presence of greatness. A brief but interesting irony, Lawrence just returned from Greece coaching a young Olympian. OMG. If anyone had the presence of mind to have taken pictures? Please can you send me one or two? I was too overwhelmed and busy soaking the magic all in. OMG. Thank you Lawrence and thank you Brian for making this possibly the coolest event of my sailing experiences.



My 1st time meeting Larry - John Semple - SV Reflection – Commodore 2021

I was a new member to SBYC after having purchased Reflection in the winter of 2015. Reflection ended up requiring a substantial amount of maintenance, so I was late in launching that 1st year. I had come out to participate in the Wednesday evening Pursuit 3rd race of the season. This was my first-time racing on Wabamun Lake.

From 1981 until 1988 I had owned a small sailboat and had raced it. I was not the best racer and not the worst but did enjoy it and like all the other sailors in our club followed the 1984 Olympics, Americas Cup and any other sail racing events as best that you could pre internet and satellite television.

Now, back to 2015. I was on my boat preparing to head out to the race course when a fellow came up to me and asked if I was racing tonight. I said yes and he asked was I sailing alone. I said yes. He then asked if I wanted crew. I said sure. He then replied ok, I'll be back in a second. He darted off and was back in less than a minute with his kit bag.

We introduced ourselves as Larry and John. As we pulled away from the dock and started to raise the main sail, "Larry" was very busy doing this and that and looking all over the boat. He then said you have a missing batten. I hadn't noticed that and thought, gee I don't know who this guy is, but he is sure observant. I went below and found a spare batten and installed it. Then after killing and raising the engine, we started to sail. Larry was busy adjusting the tension on the main halyard, outhaul, boom vang, etc. I thought hey this guy really is pushy, but he sure knows what he is doing.

After we got started the coaching started. Do this do that, don't do that and on and on. I was a little annoyed that this fellow comes on my boat and kind of takes over, but we were we doing well. As is usually the case on windless Wednesday's the wind started to wane. That is when the magic really started. We were leading the pack. As we passed the committee boat one of the race committee informed us that were not sailing the correct course. Larry asked what the course was. The person on the committee boat said something different then what was stated in the sailing instruction. Larry questioned that and their reply was, oh yea they were changed after the 2nd Wednesday night race.



Throughout the race, Larry did things that I had never observed before and that I for sure had never thought of doing. One little trick that I learned has for sure, allowed me to win races that I would not have otherwise and no, I'm not going to share it.

After the race ended, we returned to the dock had a couple of beer and chatted with the crew of Accrewed Interest. Accrewed Interest's crew that night consisted of Sue Styles, Susan Allen, Larry's significant other and Cathy, Larry's sister. If my recollection serves me, Accrewed Interest won that night and we finished 2nd or 3rd. It was somewhere in our conversations the name Lemieux was mentioned. That is when the light bulb came on. Larry Lemieux. I have over the years observed Larry get on boats that typically do not place well and work his magic. That experience will always be one of my favourite sailing experiences.



Pat MacDonald - MoJo - Vice-Commodore

Great tribute to Lawrence Lemieux's actions back in the 1988 Olympics. I thought club members would be interested in this story. Lemieux's sportsmanship story from 1988 Seoul Games featured in new Olympic book

<http://a.msn.com/02/en-ca/AAMoRHI?ocid=se>



New Hazard Identification Form

Did you notice a hazard at the club that the board should be aware of? If so, go to our website at <https://www.sunshinebay.org/contact> and submit the information immediately.

This form allows you to quickly identify the hazard and submit directly to the board. All forms will be reviewed and discussed by the board and action will be taken ASAP if so deemed.

Your name and email are optional. If you do not wish to be identified, that is fine we will still respond to the situation and then communicate it through our newsletter. If you do supply your contact information, we will close the loop directly with you.



Picture Perfect!

Volunteerism: we utilize the unique skills and abilities of all our members to get things done

<https://www.sunshinebay.org/entries>

TIK TOK time is running out....

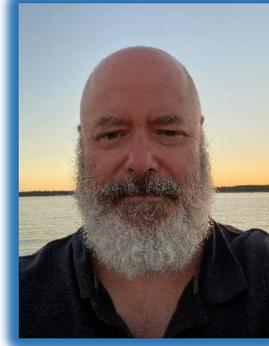
SBYC Coordinator/Judge
Lynn Skillen – *Rhumbo*



EYC Judge
Thomas Kelm – *Anny*



SBYC Judge
Mike Mendzat – *Kairos*



WSC / NASC Judge
Dr. John Henderson



SBYC Judge
Steven Bell – *Clementine*



Don't forget to suss out your best photos, title them, and submit to the Photo Contest for our 40th anniversary, with Entry Form and Waiver, no later than Labour Day 2021. All forms are on the SBYC website

There are 4 categories to choose from:

- **NATURE**, the category includes the physical world, flora, fauna, and/or domestic animals, but excludes humans.
- **ACTION**, the category includes human activity on the land or on the water.
- **HUMOUR**, needs to create a chuckle or a smile, or be heartwarming.
- **ENVIRONMENT**, could include conservation efforts, or suggest comfort, or create a feeling of calm.

Submit as many photos as you wish to each category. Winners will be featured in the SBYC 40th Anniversary Calendar (for 2022) and will be available for purchase sometime in October 2021.

SBYC members will have the opportunity to examine the submissions on the NOTICEBOARD on our website <https://www.sunshinebay.org/entries> and vote for a *Members Choice* category.

Digital images are to be submitted to communications@sunshinebay.org until September 6, 2021.



Office of The Environment

<https://www.sunshinebay.org/environment>

Stewardship: we promote responsible use and protection of the Environment. **Partnerships:** become recognized as a leader in environmental initiatives on Lake Wabamun”.

Sue Styles - *Accrewed Interest*

Wabamun Watershed Management Council Interim Board Member
SBYC Communications & Marketing Committee

Questions and Answers on the Environment and SBYC

At SBYC this summer, wasps are a nuisance, what can we do about this?

With increased knowledge of wasp habitat and behavior we are better positioned to effectively manage wasps for human safety.

The mild winter and spring (juvenile queens were not wiped out) and hot 2021 summer temperatures have made ideal conditions for increased wasp/hornet activity. Furthermore, now in the latter part of summer, wasp population is at its highest...meaning more wasp foragers.

At SBYC, be aware wasp nests may be found almost anywhere, and particularly where there has been diminished activity e.g., under eaves, trailers, and deck and sidewalk boards, in the BBQ’s, sheds, gazebo, and low and high in trees. And also, some wasps build their nests in the ground! Follow the wasp’s flight path and you will likely find their nest.

There are five things that will surely attract wasps; these things include warm spots to build a nest in, insect availability, leftover meat, sweet foods, and flowers.



Look Up in Our Trees!

Although wasps can be and have been a pesky nuisance and urgent problem at SBYC, one should recognize that wasps are also interesting and an important part of the ecological food chain. Wasps are naturally curious insects and are attracted to smells and water. They are highly protective of their young. Wasps are predatory; they provide great pest control as they eat other insects such as spiders, caterpillars, ants, beetles, grubs, aphids and flies. While not as effective as honeybees, wasps are also pollinators.

As wasps provide ecological benefit, there is good reason to encourage them, but as well at times, also good reason to implement efforts to mitigate their nuisance, and more importantly, to decrease risk of allergic reaction/anaphylaxis potential for at risk persons.

Wasp management: For environmental preservation, it is best to manage and control wasps using natural approaches, when possible, as toxic insecticides harm, not only the wasps but also, birds and other wildlife too.



Before using insecticides, see if non-toxic approaches can help control the wasp problem. Several resources suggest the following wasp management approaches:

1. **Maintenance of general club surroundings**- Ensure club grounds and surroundings are garbage free, secure waste and recycle bin covers, seal cracks in walls/buildings, carefully uncover and move stationary items, take notice of wasps flying around you and others; locate nests and inform facilities director and/or others as appropriate.
2. **Put up fake wasp nests in early spring** i.e., Waspinator – Fake wasp nests are most effective when put out in very early spring when juvenile wasp queens are looking to nest. Apparently, wasps are territorial and are not likely to build a hive home near another hive.
3. **Leave wasp nests alone** - If a wasp nest is not bothering you or is not in a location that will lead to dangerous interaction with people or pets, leave it alone. If you know where the nest(s) are, try not to go near their nesting places. The wasps will not reuse the hive next year. Only destroy a wasp nest when it is unavoidable.
4. **Don't swat a wasp** - When wasps start to pester, simply remain still or slowly move away. Although very tempting, the worst thing you can do is to wave your arms about and try to scare them away as this agitates them and seems to attract more wasps and makes it more likely that they will sting you. As well, when the wasp is threatened or killed it will release pheromones that alert other wasps to attack.

If your picnic is attracting wasps (or even before the wasps are attracted to your picnic), put anything sugary (i.e., soda pop, fruit, jam or wine/beer) out for the wasps a short distance away. The wasps will quickly discover this and should soon stop pestering you.

5. **Herbs** - Wasps don't like herbs that are very aromatic, especially spearmint, thyme, rosemary, citronella, and eucalyptus. Consider planting some of these herbs around outdoor sitting areas to repel wasps.

Pyrethrin spray is effective at killing wasps. It is made from chrysanthemums and loses its potency in an hour. It needs to be sprayed directly on the wasps.

6. **Wasp traps**- Either commercial or homemade wasp traps may be helpful in reducing wasp nuisance i.e., like the ones made out of pop bottles with syrupy sweet drink. Wasp traps are most effective when put up in very early spring as they will attract and kill the young wasp queens thus reducing overall population of wasps in the immediate area. As mentioned previously, during summer picnics, sweet syrupy drinks placed a bit away from an eating area will attract and reduce these wasps from sharing your picnic but will not kill the colony. Toward fall, wasps seek protein, thus it is advisable to switch to meat bait in wasp traps.
7. **Insecticidal foam products /insecticidal powder**– Pest controllers destroy most wasp nests as they are difficult to relocate - be sure this destruction of up to 20,000 insects is necessary. Wasp insecticide works quickly to effectively kill a nest, but also the chemicals are harmful to the environment and careless use can pose a risk to the person applying the chemical – follow the product instructions. The best time to tackle a nest is at dusk or dawn when the wasps are in the nest and less active.

Wasp management entails several different and simultaneous approaches that are implemented beginning in spring and continuing through to the fall months. Be aware and careful in the presence of these important insects.

References:

[10 tips for waging war on wasps.](#)

[Things that attract wasps](#)

[Natural Wasp Control](#)

[Living with bees and wasps](#)



Introduction to the Spill Kit



Hello, I would like to introduce myself....I am the **Spill Kit**, I am a new kid on the block, yellow is my color, you may have seen me hanging around in the clubhouse on the fireplace mantel (not sure this is where I'll stay, but am located here for now).

Why am I here? Well, I am here to assist you in the unfortunate event of a small oil, gasoline or diesel spill on the water.

How can I help? Great question! First, it will be helpful to tell you a bit more about myself. I want to tell you what is in my yellow bag/kit...what is in the **Spill Kit**. In my yellow bag you will find the following:

	<ul style="list-style-type: none"> • (x12) Absorbent Pads (15" x 18") • (x3) Absorbent 3" x 4 ft. Socks • (x1) Pair Nitrile Gloves • (x1) Pair of Goggles • (x1) Disposable bag with Tie • (x1) Instruction Sheet
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Now what? Well, I hope I can stay on the fireplace mantel and never be needed, but if an oil, gasoline or diesel spill happens then you will need me. As quickly as possible come and get the **Spill Kit**, so that the spill can be contained.

1. Cordon off the area and inform any nearby persons to stay clear of the spill site
2. Eliminate all sparks, flames or anything that will ignite the spill
3. Ventilate the area if spill is in a confined space
4. Wear protective clothing – use goggles and gloves—use extreme caution when handling hazardous material.
5. If you can proceed to handle the spill safely, place socks around the spill and soak up the spilled liquid with the pads (each sock will absorb 6 litres and each pad will soak up approximately 1.5 litres).
6. Put refuse from the spill into the garbage bags and dispose as hazardous waste at Seba Beach Transfer Station or other hazardous waste site.

“Never use detergent or dish soap to make the spill disappear. Using dish soap dispersant does not get rid of the spill; it simply breaks it down into smaller droplets, making the spill harder to clean and more toxic to marine life” ([Green Boating Guide, 2021](#); [wwmc.ca](#))



An oil/gas spill is reportable to Alberta Environment and Parks if “the release is into a groundwater or surface water body” ([Reporting Spills and Releases, Government of Alberta, 2016](#)) 1-800-222-6514

The **Spill Kit** does not want to be needed, so, **prevention** of oil/gas/diesel spill is best practice. “With care, recreational boaters can take steps to mitigate the risk of accidentally spilling oil or fuel while operating their vessel” ([Green Boating Guide, 2021](#)). Care and good practices include but are not limited to the following:

- Ideally, if possible, refuelling should be done with the fuel tank onshore in a secondary containment reservoir, or if not possible to bring fuel tank onshore, then using a drip free nozzle for onboard tanks is wise (for example - [Shaker Siphon Hose](#) (WWMC Facebook, June 12th posting).
- Do not leave fuel jerry cans on the boat deck or dock.
- Have hydrocarbon absorbent pads available/on board your boat
- Ensure bilge wastewater (as may contain oil/gas/diesel) is properly disposed into holding tank/container and emptied into septic tank or hazardous waste as appropriate.

Planning and common sense goes a long way to keep us safe and our environment clean ([Green Boating Guide, 2021](#)).

SUMMER GENERAL MEETING

When: September 12, 2021

Time: Noon

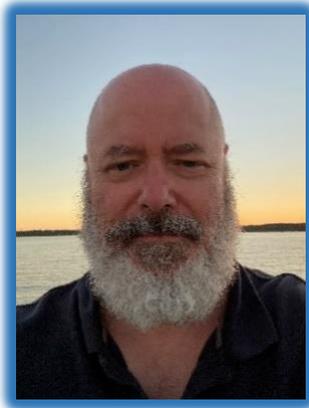
Where: SBYC Club

Agenda and details to follow!



Retirement of our Old Sign
And ...WELCOME TO OUR NEW SIGN!

The Board would like to give A Big THANK YOU to Mike Mendzat (Kairos) for the new design
and John Stobbe (The Duchess) for making this happen!





Members Corner

Some More History Worth Noting! Marvin – Soleil



Marvin Abugov - Soleil

As Past Commodore in the spring 2014, I was contacted by Gil Cook to discuss some resurvey work that he wanted to do on his two sections of property at Lake Wabamun (including the Sunshine Bay Yacht Club “license” area).

Gil bought the property back in the mid-to late seventies as a “Cook Family Retreat”. At about the same time he got involved in a sailboat business in

Edmonton. The problem was they could not sell boats without a secure place to moor them. So Gil saw an opportunity to create a “licence area” on his property where new boat owners could access the lake. The following year, the Sunshine Bay Sailing/Yacht Club (1981) was founded.

As it turned out, the 200 ft. swath that Gil carved out for the club was directly on the provincial government survey line between the south and north sections of his property. In addition to other matters, Gil wanted to resurvey this dividing line and as well demark where the SBYC license area ended and where the boundary line for his new home property on the “point”



Marvin with Gil Cook marking the boundary between SBYC license area and his new home on the point

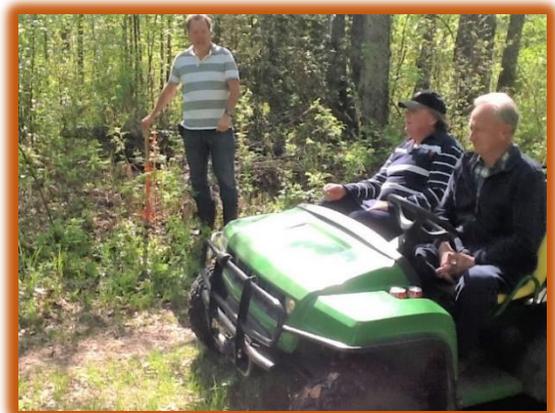


Marvin watching survey work activities

would begin.

On the day the resurvey was done in June 2014, Facilities Chair Steve Guest took the initiative to ask the surveyors, as they crossed in front of the club house, if they could place a “survey pin” into the ground. Recognizing that the lawn area gets disturbed over time and that the “pin” would likely get lost, Steve came up with a formula to relocate it in the future if the need ever arose.

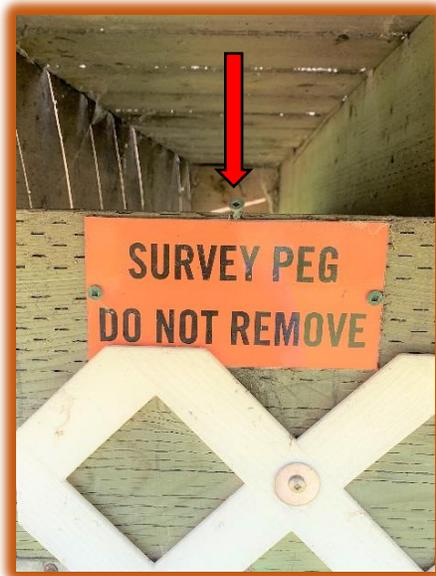
On the deck fascia, he placed two “orange plaques” with “nail-pins” at the top of each one. The distance between these nail-pins is 24 ft. (8 ft. x 3). The distance from the right-hand plaque at 90 degrees to the deck is 32 ft. (8 ft. x 4). The diagonal distance from the point on the lawn to the nail-pin on the left-hand plaque is 40 ft. (8 ft. x 5).



Touring the Cook estate with Jeff Foster (l), Steve Guest, and Gil Cook.



Our license area then is 100 ft. on either side of this official survey line that roughly runs from the right side of the entrance gate (as you enter SBYC) diagonally across the property ending roughly at the boat storage racks near B-Dock. The club house exists entirely on the north section.



Ann and Gil Cook



The Suggestion Box

Suggestions can be left anonymously in the Suggestions Box in the Club House kitchen, or we have a **NEW form on the Noticeboard on the website** <https://www.sunshinebay.org/noticeboard>.

Your contact information is optional on the form but if you want direct feedback, please fill in the details. All suggestions are appreciated and each suggestion is reviewed. Decisions are made as soon as possible and communicated directly to you or through our newsletter.

In August two items were found in the box.

Recycle Bins:

1. *Compost Bins*
2. *Volunteers to take home on Sundays*

And the second item was similar.

Compost pail and paper recycling bin in the kitchen.

The board agrees that compost bins are valuable tools for all households. However, the board believes that each member that uses the facilities, has the accountability to take home what they brought in. If you have paper products or vegetable scraps, then please take them home with you at the end of your time at the club.

The club has caretakers that come to the club twice a month. As it stands, our caretakers have been taking away more garbage than they should. Their role is to clean up the clubhouse and take bottles, cans and garbage away. The items we expect them to take away are usually from club functions that the club hosts not club members' personal waste.

Please refer to our Club Rules and Regulations: For example under Rule 15

15.5. Members are responsible for removing personal boat garbage from Club premises. Garbage receptacles on the premises are reserved for Club use only.

Burning of waste materials in the fire pit is restricted i.e.: no plastics, flammable products, metals, aerosol cans,

More information can be found on our website on the Members page under Governance Documents. <https://www.sunshinebay.org/members-page>

Forgot the password? Contact Communications and Marketing communications@sunshinebay.org

Thank you for your suggestions and helping make SBYC, **Alberta's Sailing Community of Choice**.



Don't Forget!

SBYC Burgees:
 For sale! Is your SBYC Burgee tattered and torn? Would you like to buy another one? \$32 will have you flying! Contact Tim at membership@sunshinebay.org

Jody Mattinson – *Gabrielle Michele*



Support our local sailor by checking out “*Tack and Jibe*” for all your SBYC Clothing and Merchandise. Tack and Jibe sponsored a gift give-away at our July 11th event! Now let’s support this new business!

There is no minimum order and custom orders are available. Let’s show off SBYC in everything we do!

A link is on the SBYC web on the “Notice Board” page <https://www.sunshinebay.org/noticeboard>

Anastasia Mattinson – *Gabrielle Michele*

Don’t forget to check out the link on our website for the Land Sail Past that was held July 11, 2021 <https://www.sunshinebay.org/noticeboard>

Anastasia has about 80 pictures for your viewing pleasure and they are downloadable!

You can also check out her other work at [@ana.stasia.photography](https://www.instagram.com/ana.stasia.photography)



The Jib Sheet is published a twice a year. **June** and **August**.
The Main Sheet is published 4 times a year. **April, July**, October and January.
 All past newsletters are on our website: <https://www.sunshinebay.org/noticeboard>



Community: We nurture our relationships and build a sense of community with our members, landlords, guests, partner clubs, and the communities where we sail.

Contributions to the newsletter, or feedback, can be sent to Anita communications@sunshinebay.org

Anita – *Reflection*

Communications and Marketing Director